

It is normal to feel tired after the performance test. There are some signs that may mean that the exertion is causing more serious problems. If any of the following signs or symptoms occur, you should call your physician or the local Emergency Services.

	Nausea, vomiting, dizziness, or headache lasting more than a few hours		
	Extreme weakness		
	Fever		
	Confusion		
	Generalized muscle aching lasting more than one day		
	Dark urine or very little urine		
	NAME: FIRS <sup>-</sup> e print)	Г NAME:	_ MI:
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APPLICANT SIGNATURE: DATE:			
SOCIAL SECURITY/INSURANCE NUMBER			
TIME	IN:	TIME OUT:	